



Monday, March 23, 2020

Mark 6:6-11

Our scripture reading gives us a glimpse into how Jesus prepared the disciples to share God's hope, love, and grace with all of God's people. Jesus knew all the distractions and struggles on the journey ahead. He sent them out with only the essentials and let go of the rest. Let go of the rejection, failure, or fear that slows us down. Right now we have the opportunity in our shared wilderness to step away from distractions and let go of the pain of rejection, failure and fear. What is Jesus asking you to let go of or dust off?

Tuesday, March 24, 2020

Mark 6:12-13

The disciples proclaimed the Good News! We can too! Instead of focusing on what we can't do, let our hearts and minds dwell on what WE CAN DO. How can you proclaim God's love and hope through Jesus Christ in our shared wilderness? Is there a family member or friend that you can contact today to offer God's hope and comfort? How are you sharing the Good News on social media? During this season of wilderness, Jesus still sends us out to proclaim God's peace and love in creative ways...especially in the wilderness.

Wednesday, March 25, 2020

Psalms 4:6-8

Write this Scripture passage on post-it notes and place it in multiple places (i.e.: bathroom, kitchen, or bedroom) for you and your family to read and remember God's abundant joy.

*Lord, you have filled my heart with more joy
than when their wheat and wine are everywhere!*

*I will lie down and fall asleep in peace
because you alone, Lord, let me live in safety."*

Thursday, March 26, 2020 Isaiah 40:26-31

Jesus tells the disciples to take a walking stick to lean on for their unknown and challenging journey. What are you leaning on during our wilderness journey? The prophet Isaiah offers these words to lean on when we grow weary. Read the selected passage three times. Each time highlight a phrase or word that speaks to your soul today. Ask God to renew and strength an area of your life today. Pray for renewed patience, hope and faith for all of us together in the wilderness.

Friday, March 27, 2020

Sing your favorite Christmas Carol

Ever wondered what the disciples did to pass the time on their long walks along the dusty path? I wonder if they would sing to keep up their spirits up and calm their fears. When we are disoriented or afraid, music can be good medicine for the soul to soothe our anxiety and add joy to our lives. Take a moment today to recall one of your favorite Christmas carols. Sing aloud and recall the fond memories. Ask a friend or a family member about their favorite Christmas carol and why. The stories and memories are important to remember and allows us to smile and rejoice even in times of struggle.

Saturday, March 28, 2020 Psalm 96:11-12

Take a walk or sit in front of your favorite window. Be still and observe God's creation. Watch the birds fly, the squirrels leap from tree to tree, and the branches sway from side to side. What surprises you? What do you take for granted? How do you think nature rejoices in the presence of God?