



Hi friends!

This week we're reading about when Jesus appears to his disciples AFTER he was raised from the dead! The bible tells us that Jesus came and stood among the disciples after he had risen, and when he said, "Peace be with you" and he showed them his hands and side where he had been pierced they were overjoyed because they realized that Jesus really was alive!

But one disciple wasn't there. Thomas didn't see Jesus when the other disciples did, and so he did not believe what they were telling him. If you want to find out what happened, open up your bible to **John 20: 19-31** to find out! Each activity this week is going to help us remember BELIEVE, even when we don't "see", just like Thomas.

#### Monday, April 20, 2020

**BELIEVE Acrostic.** Write B-E-L-I-E-V-E down the left side of a piece of paper or poster and then write words for each of the letters that would help you BELIEVE or ideas of what JESUS has done to help us.

#### Tuesday, April 21, 2020

**Reverse Hide & Seek.** Gather your family together to play **Reverse Hide & Seek** in your house or in your yard. Choose 1 person to hide, and then have everyone else look for the person hiding. When you find that person, hide with them (quietly) until everyone ends up together!

#### Wednesday, April 22, 2020

**Watch a Video.** With your parents' permission, use this link to watch an animated story of Doubting Thomas: <https://www.youtube.com/watch?v=vLqX5VQTCbg>

#### Thursday, April 23, 2020

**Share a Snack.** Make a snack that you can cut out with a heart-shaped cookie cutter (i.e. a sandwich, cookies, cheese slice, etc.) and share your snack with others in your family. As you are enjoying your heart-shaped snack, remember that we are called to believe with all our heart & trust God's word!

#### Friday, April 24, 2020

**Sing It!** Thomas had a hard time believe Jesus was alive until he could see him with his own eyes. Sometimes we need to ask God to open our eyes so that we can see the things He wants us to see. Here is a great song to help us remember to do that. With a parent's permission, use the link to sing along with this song, **Open the Eyes of My Heart**, <https://youtu.be/iMn8vdlcwJE>